



Trishuli River Rafting - 3 days

Go on 3 days trip for

\$ per person

Nepal is one of the best place in the world for rafting and kayaking. Surrounded by its mountain scenery and rivers shaped by them challenges for white-water paddles. A series of the world's most outstanding river journeys is found here, ranging from steep, adrift mountain streams to classic and big-volume wilderness expeditions. All these combination of spectacular rivers, culture, heritage and scenery makes Nepal an obvious river runner's destination.

Day by Day Itinerary:

Day 01: Charaudi - Filing 16 km 3 - 4 hrs. Put-in- point Charaudi it is a highway village. Rafting start and passing through Majhimtar Village a km a way. Immediately after this village the valley narrows, becomes a gorge, and the rapid known as "S Bends' or "Ladies Delight' is on the left - Grade 3 +. Another 3 km through this gorge brings you to two rapids. The first (sometimes known as Gloria) is after a sharp left hand bend - this is a straightforward Grade 3, with big waves then next rapid is upset and this is the infamous, and the most photographed rapid on your rafting trip. There is always a monstrous hole and a wave here that seem to dwarf a raft but it is an excellent spot for action photos. One km after "Upset' and immediately after a left hand bend is "Surprise', a grade 4-. Rapid and arrive to Fishling village where you are going to camp.

Day 02: Fishling - Panchkilo 26 km 6 hrs.

After breakfast starting your rafting for following day: and then shortly afterwards the river enters a deep awesome gorge, particularly spectacular early or late in the day, when much of the chasm is in shadow but sunlight shines on vistas of distant hillsides. The gorge ends after about 2 km and river then curves of distant from the highway and then another 2 km further brings you to Kurintar Village, and Kurintar is built on a bluff on the left bank. After kurintar the river again turns away from the highway and there is a dramatic landslip as river curves around to the left. For several hundred meters high, the hillside has had its surface flesh stripped away to reveal the raw white bones of the underlying rocks. Drift by and marvel at the mighty forces that are uplifting these mountains and carving the valleys. After another kilometer the river enters a gorge again - warning of another rapid around the corner named as "S' or "M...F...'rapid. Two km on and a cable car cross the river and herald the approach to Mugling. The town is on the left, some 70 meters above the river, which curves around it at some distance. An elegant suspension bridge crosses just above the confluence of the Marsyangdi. "Pin Ball' rapid follows closely after the confluence, Grade 4-. Rafters' path zigzags steeply up the bank to the bridge and from here it is 5 minutes' walk into town. "Pinball' is the last serious rapid on this river - from here on down its mainly grade 1 - 2 rapids only with one or two of the grade 3 in right conditions. The river is also more peaceful because the highway is high above the river for most of the time and another 8km to

campsite.

Day 03: trip is concluded and after breakfast Departure to Kathmandu or Chitwan as regarding to per programme

Kinds of Rafting:

There are essentially two kinds of rafts available - the oar-powered raft and the paddle raft. The oar-powered raft has a frame either at the back or in the middle where the river-guide sits and does all the paddling and guiding work. The paddleboat requires all participants to do their bit. Depending on the size of the raft, four or eight participants sit on the side tubes and power the boat using long paddles. It involves teamwork and more physical effort than the oar-powered boat. Paddleboats, however, capsize more easily as they are lighter and do not have the rigid structure of the oar-powered boat. On big rivers like the Sun Kosi (Class IV to V) where there are huge rapids, more care is required. In such rivers, we usually use one oar-powered boat and one paddleboat so that one acts as a rescue boat in case the other capsizes. This also gives each participant an opportunity to ride both kinds of rafts - be actively involved in one and relax in the other. Equipment: rafts are inflatable boats made of thick rubber, usually with separate air compartments so that a hole in any part of the tube does not mean that the whole raft will deflate and collapse. Life jackets and helmets are provided as mandatory gear. Paddles may be made of synthetic alloys and fibres which are longer and more maneuverable, or they may be of plain wood coated with synthetic waterproof paint. Wooden oars are slightly heavier but break less easily. On longer trips or more demanding rivers, splash jackets may be provided.

All the gear and food will be packed inside waterproof bags and carried on the raft itself. Your cameras and accessories, stored inside the waterproof barrel, will be available for your use during the DAY. The setting up of camp and cooking will begin as soon as the campsite is reached.

Safety requirements: While on the boat, you may at times take off your helmet and life jacket, or even jump out of the boat to take a dip in the river. Nevertheless, it is of utmost importance to consult your guide before indulging in such activities, as his knowledge of the river will help prevent you from finding yourself unprotected when hitting the rapids.

All our staff, whether guides, cooks or helpers, are trained professionals who look after your safety on the boat and your comfort while at rest. Rely on them to give you the best treat of your holiday.

Summer Season

River	Trip Date	Where to start	Where to end
Chose below	Let us know and book in advance	Depend on River	Depend on River
Trishuli, Seti, Lower Bhote Koshi, Upper Sun Koshi	Whenever you want	Depend on water level	Depend on water level

What is included in the price?

- hotel in Kathmandu bed & breakfast.

- All guided sightseeing tour in Kathmandu and entry fees.
- Rafting Guide & Supporter.
- All rafting equipments such as self-bailing rafts, life jackets and safety equipments.
- Paddle top, helmets and waterproof gear bags.
- Accommodation on twin sharing basis tent camping.
- All national park and rafting permits and fees.
- All meals during the raft trip. (breakfast, lunch and dinner).
- Round trip ground transportation.
- all kitchen and camping equipment, cook and needed staff.
- Safety kayaker.
- Sleeping Bag and mattress (will be provided if needed)

What is not included in the price?

- Nepal visa
- International flight & all domestic departure tax
- Lunch & dinner during hotel stay in Kathmandu
- During the lodge trek hot shower cost extra
- Personal gears & clothing (available on hire)
- Tips, any expenses incurred in emergency evacuation/road block due to any reason, table drinks, snacks while walking
- Rescue & insurance such as travel, cancellation, accident, health, emergency evacuation and loss.

Trip Fact

- **Trip code**EHCS-96592
- **Destination**Nepal
- **Duration**3 days / 2 nights
- **Season**November to April
- **Group Size**Min. 2pax - 12pax + Above
- **activities**Trishuli River Rafting