



Tibet Cultural Tour - 5 days

Go on 5 days trip for

\$ per person

Famous as the Roof of the World, TIBET has fascinated humanity for centuries. This land beyond the mighty Himalayas, on the highest plateau of the world, was inaccessible to the outside world and has always been a challenge to all mortal beings as a unique destination: Tibet is a land of spectacular skylines, majestic mountain peaks, breath taking canyons, serene high-land lakes, rolling pastures and farmlands & pristine Forests. It also is a land of ancient Buddhist culture, artistic monasteries and centuries-old caravan trails. Its snow-covered mountains and windswept plateau are the highest in the world. The world's highest mountain - Mount Everest, rises in southern Tibet. Ka-erh in western Tibet, with an elevation of more than 15,000 feet (4,570 meters) above sea level, is believed to be the highest town in the world. The valley bottoms in Tibet are higher than the mountains of most countries. Tibet has an area of about 471,700 square miles (1,221,600 square kilometers), an average elevation of 16,000 feet (4,880 meters) and a population of 2.3 million. This "land of awesome mysteries", forbidden not only by man but also by nature, is appealing to all explorers, scholars, pilgrims and adventurers searching for the "REAL SHANGRI-LA".

There will be 3 flights in week usually from May to September i.e. Tuesday, Thursday and Saturday and possible to have a 2 days to weeks trip based on two way flight. The program below is just a model one and possible as per your interest, time and budget.

Day by Day Itinerary:

Day 01: Depart from Katmandu by air to Lhasa . Arrival at Gonggar Airport . Time at leisure. Overnight Lhasa .

Day 02: A full day sightseeing. Visit the Potala Palace; The residence of Dalai Lama; the Jokhang Lhakhang and stroll around the market area. O/n Lhasa

Day 03: Visit the Drepung Monastery, the largest monastery in Tibet . This 14th. Century monastery once housed more than 10,000 monks. Later on visit the Norbulingpa Park, the summer Palace of the Dalai Lama.

Day 04: Drive to the Sera Monastery, the second largest in Tibet . This yellow sect monastery was very important, politically, during the days of Dalai Lama. And afternoon visit to Buddhist Nunnery.

Day 05: Early morning drive to the airport for departure to Katmandu by flight.

Where is Tibet? Tibet is a rich and beautiful land with an average altitude over 4,000m (13,120ft) above sea level. Possessing more than fifty peaks above 7,000m (22,960ft), Tibet is home to eleven Himalayan mountains over 8,000m (26,240ft). China, India, Nepal , Sikkim, Bhutan , Burma and Kashmir border the Tibet.

Tibet - People and Culture: Over two million people inhabit this land of rich natural resources and ancient cultures. Spiritual traditions, temples and monasteries, lakes and rivers, and mighty snow clad peaks are just a few of the intoxicating wonders to be experienced by adventurous travelers destined to visit this place.

Buddhism , with a history of some 1,300 years is shaped into a unique form of "Lamasm". Tibetan history, culture and religion are mixed together and infiltrate every aspect of social life. Tibetan religious arts have a distinctive style with adoption of Indian and Chinese Buddhist influence, thus forming a pearl of Oriental Buddhist art.

People living on the Tibetan plateau, such as Tibetans, Monpas, Lhopas and Moslems, have their own ways of living, marriage, burial and other ceremonies. Festivals in Tibet are in big variety. The Tibetan New Year, the largest festival, is followed by others such as the Wangkor Festival and horse races. For the dead, sky burials, water burials, cremations and stupa burials are practiced, but the sky burial is the most common.

Science and culture in Tibet include technology, medicine, grammar, logic, Buddhist philosophy, rhetoric, words and expressions, syntax, drama and astrology. Tibet is known as the Sea of Songs and Dances; folk songs and dances are diverse, especially during the "Shoton Festival" in August .

How to get there? This unique land is now easily accessible from Kathmandu, the capital of Nepal. Schedule air services fly from Kathmandu to Lhasa, and back every Tuesday and Saturdays with additional flights on Thursdays from July. This flight last a little over one hour and gives you a panoramic view of the Himalayas. Our sponsors have different package tour programs to this fascinating land. They will will give you a reason to get up early. Please check out their Programs to find out how. A trip not be missed in this lifetime!

The best season for Tibet tour is from the end March to end November each year. From end November to end March it gets too cold and flights do not operate during this period. Flights operate from first week April to end November every year.

The following general rules should be obtained by the Clients/Agency to apply special permit and visa to travel in Tibet.

1. Tibet is Autonomous region of China. So you will not get the special permit and Visa for Tibet directly In your country. You have to proceed for permit and Visa for Tibet through our Agency.
2. We must receive scan copy of your passport at least 15 days prior to arrival in gateway cities (Kathmandu or Chengdu or any other Chinese cities). Passport must be same and valid for more than 6 months.
3. Those entering Tibet via gateway city of Kathmandu , Nepal , must spend at least 2 nights to issue Tibet visa in one of the visa working days i.e. Monday, Wednesday and Friday, client must plan to arrive Kathmandu accordingly if they have limited time. They will also require to bring 2 passport size photos. We shall send client "Chinese embassy visa form" well in advance to be fill up by each client which can either sent to us by email or can be collected upon arrival.
4. Except few trips, most of the trips can start from China mainland entering Tibet via gateway city of Chengdu either via train or by air. In this case Client must obtain Chinese visa in their home country and we will organize Tibet permit and handover it through our agent in one of the cities in China before entering Tibet Autonomous region.

5. Chinese visa will be valid for China mainland only, do not bring Chinese visa if you are entering via Tibet Autonomous region.
6. We supply detail information and briefing upon arrival.

Entry Procedure:

By Road

- Kodari Border near Zangmu from Kathmandu
- Through Golmud road to Amdo
- Purang from Simikot

By Air

- Kathmandu to Lhasa
- Hongkong-Chengdu-Lhasa

Services Includes

- Tibet Travel Permit fee of Tibet
- Guided tour as per program
- All Monastery entrance fee
- Hotel in Lhasa with breakfast
- Best available guest houses en route with breakfast basis
- Transportation by Toyota Land cruiser 4500 or mini bus
- Group visa fee for Tibet
- Necessary drop and pick up by private vehicle

Services Excludes

- Lunch and dinner along the trip
- Flight ticket (Kathmandu- Lhasa- Kathmandu) and airport taxes
- Emergency rescue evacuation cost
- Other personal expenses tips, donation, laundry, call and bottle drinks
- Photography charges
- Any cost arising from Landslides, road blockage & additional transportation cost.
- Nepal re-entry visa fee
- Personal travel insurance

Trip Fact

- **Trip code**EHCS-75495
- **Destination**Nepal
- **Duration**5 days / 4 nights
- **Season**Ever

- **Group Size**Min. 2pax - 12pax + Above
- **activities**Tibet Cultural Tour