



Marsyangdi River Rafting - 3 days

Go on 3 days trip for

\$ per person

Location: Nepal, Asia

Departure point: Kathmandu or Pokhara

Put-in-Point: Besishahar

Take-out-Point: Bimal Nadar

Outward travel: 5 ½ hours drive

Best season: Nov/Dec, March/April

Distance: Approximately 45 km

3 days: Kathmandu –Kathmandu

The Marsyangdi River is one of the most outstanding grade IV Kayaking Rivers in the world. Continuous, exhilarating white-water with magnificent mountain backdrops and drains the northern slope of the Annapurna Himal. It flows east through an arid valley around Manang and then swings south to join the Trisuli River at Mugling. Marsyangdi means 'raging river' in local dialect. It was opened to commercial rafting in 1996 and demands 100% Commitment from both crew and guide. It is totally different from the big volume rivers like Sun Kosi and Karnali, the rapids are technical and require a very different approach. Need 100% power and a good line, fast reactions from crew to get through this pinball machine and quickly forges raft crews of complete strangers into true teams.

Itinerary Details:

Day 01: Kathmandu –Besishahar

Day 02: Besishahar –Tarkughat

Day begins with hot cup of tea or coffee, after breakfast we break campsite and starts on our expedition down on the Marsyangdi. We start straight away encountering the rapids, one after another. Rapids are not named but one rapid follows straight after another with lots of technical and fast maneuvering required but great fun. A beautiful blue and white-water glinting in the sunshine and looking back up river magnificent and constantly changing views of the Annapurna and Manslu ranges. We have packed lunch. After lunch we continue floating to Tarkughat. By the time we reach Tarkughat camp will be set, tea and biscuits will be serve on your arrival. Dinner will be prepared. Just before dinner enjoy your Rum punch.

Day 03: Tarkughat/Bimalnagar/Kathmandu or Pokhara

Kinds of Rafting:

There are essentially two kinds of rafts available - the oar-powered raft and the paddle raft. The oar-powered raft has a frame either at the back or in the middle where the river-guide sits and does all the paddling and guiding work. The paddleboat requires all participants to do their bit. Depending on the size of the raft, four or eight participants sit on the side tubes and power the boat using long paddles. It involves teamwork and more physical effort than the oar-powered boat. Paddleboats, however, capsize more easily as they are lighter and do not have the rigid structure of the oar-powered boat. On big rivers like the Sun Kosi (Class IV to V) where there are huge rapids, more care is required. In such rivers, we usually use one oar-powered boat and one paddleboat so that one acts as a rescue boat in case the other capsizes. This also gives each participant an opportunity to ride both kinds of rafts - be actively involved in one and relax in the other. Equipment: rafts are inflatable boats made of thick rubber, usually with separate air compartments so that a hole in any part of the tube does not mean that the whole raft will deflate and collapse. Life jackets and helmets are provided as mandatory gear. Paddles may be made of synthetic alloys and fibres which are longer and more maneuverable, or they may be of plain wood coated with synthetic waterproof paint. Wooden oars are slightly heavier but break less easily. On longer trips or more demanding rivers, splash jackets may be provided.

All the gear and food will be packed inside waterproof bags and carried on the raft itself. Your cameras and accessories, stored inside the waterproof barrel, will be available for your use during the DAY. The setting up of camp and cooking will begin as soon as the campsite is reached.

Safety requirements: While on the boat, you may at times take off your helmet and life jacket, or even jump out of the boat to take a dip in the river. Nevertheless, it is of utmost importance to consult your guide before indulging in such activities, as his knowledge of the river will help prevent you from finding yourself unprotected when hitting the rapids.

All our staff, whether guides, cooks or helpers, are trained professionals who look after your safety on the boat and your comfort while at rest. Rely on them to give you the best treat of your holiday.

Summer Season

River	Trip Date	Where to start	Where to end
Chose below	Let us know and book in advance	Depend on River	Depend on River
Trishuli, Seti, Lower Bhote Koshi, Upper Sun Koshi	Whenever you want	Depend on water level	Depend on water level

What is included in the price?

- hotel in Kathmandu bed & breakfast.
- All guided sightseeing tour in Kathmandu and entry fees.
- Rafting Guide & Supporter.
- All rafting equipments such as self-bailing rafts, life jackets and safety equipments.
- Paddle top, helmets and waterproof gear bags.
- Accommodation on twin sharing basis tent camping.

- All national park and rafting permits and fees.
- All meals during the raft trip. (breakfast, lunch and dinner).
- Round trip ground transportation.
- all kitchen and camping equipment, cook and needed staff.
- Safety kayaker.
- Sleeping Bag and mattress (will be provided if needed)

What is not included in the price?

- Nepal visa
- International flight & all domestic departure tax
- Lunch & dinner during hotel stay in Kathmandu
- During the lodge trek hot shower cost extra
- Personal gears & clothing (available on hire)
- Tips, any expenses incurred in emergency evacuation/road block due to any reason, table drinks, snacks while walking
- Rescue & insurance such as travel, cancellation, accident, health, emergency evacuation and loss.

Trip Fact

- **Trip code**EHCS-42333
- **Destination**Nepal
- **Duration**3 days / 2 nights
- **Season**Nov-Dec, March-April
- **Group Size**Min. 2pax-12pax + Above
- **activities**Marsyandhi River Rafting