



Lhasa with Kailash Mansarovar Yatra by Flight - 15 days

Go on 15 days trip for

\$3955.00 per person

Mt. Kailash (6714m) is the most sacred mountain in Asia. It is believed to be the physical embodiment of the mythical Mt Meru, said to be the center of the universe or 'navel of the world'. Mt. Meru is depicted as a mandala, and its image occurs throughout both Buddhist and Hindu parts of Asia. Mt Kailash is holy to followers of four religions. To Hindus, Kailash is the abode of Shiva and nearby Mansarovar Lake is the means or soul of Brahma. Tibetans call Kailash Kang Rimpoche. Jains worship it as Mt Ashtapada, the peak from which the religion's founder, Rishabnatha, achieved spiritual liberation. Followers of Bon-Po, the ancient pre-Buddhist shamanistic religion of Tibet, revere Kailash as the soul of Tibet.

Day 01: Katmandu (1300 mts.) Arrival, Our representative will meet at the airport and escort to the Hotel, Free at own and Evening dinner, overnight stay at Katmandu .

Day 02: Katmandu - After breakfast start to Katmandu sightseeing including Pashupatinath and Budhanilkantha Darshan, back to hotel and rest of the day is free for packing and program briefing.

Day 03: Fly to Lhasa (3650 mts.), Meet the group at the airport by the guide and transfer to Hotel.

Day 04: Sightseeing tour of the Potala Palace, Jokhang Temple and Barkhor Bazaar, Overnight stay at Hotel.

Day 05: Lhasa to Shigatse (3800 mts.), Visit the Tashilunpo Monastery and the free market. Overnight stay at Hotel.

Day 06: Shigatse to Saga / Dongba (4500mts. - 375kms) - After breakfast drive from Nylam to Dongba for about 08:00 hours. Overnight stay at Dongba at guesthouse.

Day 07: Saga / Dongba (4500mts. - 335kms) to Mansarovar - After breakfast drive from to Mansarovar about 07:00 hours. Overnight stay at guest house.

Day 08: Mansarovar to Darchen (4600mts. - 110kms.) - We will choose the special point to take dip in Mansarovar Lake and do Pooja of Lord Shiva. Full day free for spiritual activities. Drive around 2.30 hrs to Darchen and overnight stay there.

Day 09: Darchen to Diraphuk (4890mts. - 12kms.) - This is the first day of Kailash Parikrama. We should start our journey after breakfast as early as possible. This day we have to walk continuously for about 6 to 7

hours. Yak will carry all our goods and equipment. Overnight stay at mud House.

Day 10: Diraphuk to Zhulthulphuk (4790mts. - 22kms.) - This day is very sensitive and we have to pass Dolma-La Pass, which is 5400 mt. above sea level. The weather is unpredictable in Doma-la Pass and at any time snowstorm can fall. So we try to start our journey as early as possible. In route we can have Darshan of Gaurikund but it is very difficult to go and touch. Overnight stay in route to Zhulthulphuk at mud House.

Day 11: Zhulthulphuk to Saga- We will Trek down to Darchen later our tour starts back for Kathmandu following the same route and same system applies for all subjects of our accommodation and meal.

Day 12: Saga to Xigatse - Drive back to Xigatse, O/N stay at the hotel.

Day 13: Xigatse to Lhasa - Drive back to Lhasa, O/N stay at the hotel.

Day 14: Kathmandu – Fly from Lhasa to Kathmandu, O/N stay at the hotel.

Day 15: Morning check out hotel, transfer to airport, catch flight for next Destination. Option for early departure or you use your extra day for Himalayan mountain flight, Manakamana road trip, or Muktinath tour ([Contact Samrat Tours & Travels for more information about option day trip at additional cost](#)).

MODEL OF PAYMENTS

- 20 days prior to tour departure date, 100% of the total cost should reach Samrat Tours & Travels Pvt. Ltd account by telex transfer with the copy of passport of client.

TOUR CANCELLATION POLICY

- All notice of cancellation must be sent to our office in written. Verbal cancellations will not be entertained.
- 20 days before trip departure 10% of total trip cost.
- 15 days before trip departure 50% of total trip cost.
- 10 days before trip departure 90% of total trip cost.
- 07 days and less departure 100% of total trip cost.

IMPORTANT PRE-DEPARTURE INFORMATION:

Clothing:

Casual wears and comfortable walking shoes are recommended to travel to Tibet. Be sure to bring warm clothing as nights and early mornings can be quite chilly to downright cold. Indian woman Pilgrims strictly advisable no Sari. Bring all the film, medicine, cosmetics, personal toilet items etc. that you will need from home as these are difficult if not impossible to obtain on the way. A small first aid kit is also a good idea. Also quite useful to have a route map, to know where you are going and have been each day.

What to take:

Winter wear: Gore-Tex material though expensive is highly recommended. Down jacket, raincoat or windbreakers, thermal under wears, Jackets, warm trousers & woolen shirts (cotton will also do), warm sweaters, woolen gloves, sun hat, sun glass, comfortable shoes, light leather boots in case of snow, woolen balaclava ('monkey cap') & scarf/dust mask to protect your eyes & nose from dust.

Bring with you:

Snacks along the way. Chocolates, dry fruit, toffees, glucose; 'namkeen' etc. Strong water bottle & water purifying tablets. Personal medical kit and Diamox tablet (for high altitude). Sun glasses (to protect your eyes from UV, which is especially strong in high altitudes). Sun block or sun screen lotion, wet tissues (Fresh-ones are excellent to wipe off the dust), clothes-line/clips, needle & thread, deo-spray (handy for smelly boots/feet and for a round of spray in the toilet tent!), toilet paper, torch & spare batteries, daypack (small shoulder bag), Camera & films, Binocular.

Health:

This is one of the toughest high altitude road journeys on earth. You Must be physically fit - no two ways about that. Generally patients with asthma & heart problems have a problem acclimatizing to high altitudes. In your interests it is essential you should be examined by your doctor to know about your health condition and your ability to cope up with the rigors of high altitude travel for days in 'no road' conditions, extreme cold, dust, trekking to an altitude of 19500ft during the Parikrama, etc.

Altitude Sickness:

As you are traveling over high terrain, you are likely to experience symptoms and discomfort of altitude sickness (headache, loss of appetite, nausea, exhaustion, sleeplessness, breathlessness etc.) until your body adjusts to the elevation. This can take a couple of days or more depending on an individual. For this reason alone, we have made it mandatory to stay 2 nights at Nylam (12000ft) before moving on to the higher altitudes. Drink plenty of water, be calm, and do not exercise. Do not drink alcohol or smoke prior to and during the tour. We also recommend you carry a strip of diamox tablets. Do consult your physician on the dosage. We provide Gamow bag (a special equipment to prevent sickness from high altitude) on this tour.

Currency:

The unit of Chinese currency is Yuan. USD 1 = 6.50 Yuan. 1 Yuan = INR 11.00 approx, Money can exchange at Bank or money changer.

Risks & Liability:

Samrat Tours & Travels Pvt. Ltd and its associates will put every effort to make your journey smooth and pleasant. However, all the tours in Tibet are conduct strictly under the rules & regulation of Tibet Tourism Bureau (TTB). Therefore, Samrat Tours & Travels Pvt. Ltd and its counterpart shall not be responsible for any change and alteration in the program due to unavoidable circumstances such as landslide, road blockage, flood, snow, political unrest, cancellation of flight, delay arrival, delay issue of permit and visa, sickness or accidents. Any extra cost incurred thereof shall be borne by the clients on the spot.

Cost Per person:

Group Size	Deluxe Package for Indian (INR)	Deluxe Package for NRIs/Foreigner (USD)	Transport
05-09	257000.00	4145.00	Hice/Jeep
10-16	247000.00	3965.00	Hice/Jeep

17 & Above 225000.00

3615.00

Bus

Note:

- Deluxe package based on 3* hotel in Kathmandu, 3* hotel in Lhasa –Xigatse and basic guest houses in Kailash Area.
- Single supplement US \$ 450.00 extra applicable only in Kathmandu & Lhasa.

COST INCLUDES:

- Arrival & departure transportation
- KTM/LXA/KTM Air Fare With Airport tax
- Sightseeing tour of Pashupatinath, Boudhanath and Budhanilkantha.
- 3 nights hotel at Kathmandu on twin sharing basis with all meals
- Tibet side: accommodation in decent hotel/tents /Mud House.
- Pure vegetarian meals (B/F+ Lunch + Dinner) providing by our counterpart at Local Restaurant in Lhasa & Xigatse and rest part preparing by our escort.
- A/C coach/ Japanese land cruisers (4WD) & support trucks
- English speaking Tibetan guide
- Nepalese Sherpa/Cook on 06:01 basis.
- oxygen, basic first-aid kit.
- Kailash permit & normal Tibet/China visa fee.

COST EXCLUDES:

- Airfares from Home - Kathmandu - Home
- All beverages, Photography charges and Telephone calls
- Travel Insurance of clients
- Emergency evacuation expenses.
- Riding Yak/Horse for Kailash Parikrama (direct payable to Yak/horse herder)
- Expenses of personal urgent visa fee etc & Services other than specified

Trip Fact

- **Trip code**EHCS-24982
- **Destination**Tibet
- **Duration**15 days / 14 nights
- **Season**May - September
- **Group Size**Min. 5pax - 25pax + Above
- **activities**Lhasa with Kailash Yatra by Flight