



## **Kathmandu-Lhasa-Ali-Kailash Tour (By Fly in Fly Out) - 11 days**

Go on 11 days trip for

**\$ per person**

Kathmandu - Lhasa Tibet is more easy to get there, visitors who have time more than two weeks time to travel in western Tibet Ali Goge Kingdom. Before five years the friendship highway between Nepal - Tibet was a bit harder to drive. Now a days the road have fully constructed well. But you have to fly one way from Kathmandu to Lhasa or fly back from Lhasa to Kathmandu.

In Lhasa there are famous sakyapa and Mingmapa Buddhist monastries. Among this the Potala palace was very old monument, where spent 14 th re-incarnation of the Dalai Lamas. By political evacuated by People Republic of China the palace was as like a museum since 1954 for the locals. Tibet Tourism Board was established since 1989 than it was fully opened for the western visitors. Shera Monastery on northern part of city, Ganden Monastery on southern part of capital city Lhasa are more popular and very old monuments. Gyantse, the day drive from Lhasa on the way have very old Khumbum Chorten and castle are very famous. Shigatse is another beautiful quite and clean city where is situated famous Panchen Lamas palace and his temple called Tashi Lompo. Sakya where is situated Sakyapa Gompas. Nyalam another place near Nepal border line finally to get Nepal has a famous Milarpas Cave, where spiritual leader Padmasambhava was mediated final departure from Tibet during his religious tour to focusing Buddhism in Tibet on the way to Nepal and India.

## **Itinerary: Kathmandu-Lhasa-Ali-Kailash Tour (By Fly in Fly Out) - 11 Days**

**Day 01: Kathmandu (1300 mts.) Arrival**, Our representative will meet at the airport and escort to the Hotel, Free at own and Evening dinner, overnight stay at Kathmandu .

**Day 02: Kathmandu** - After breakfast start to Kathmandu sightseeing including Pashupatinath and Budha Nikanth Darshan, back to hotel and rest of the day is free for packing and program briefing.

**Day 03: Fly to Lhasa (3650 mts.)**, Meet the group at the airport by the guide and transfer to Hotel.

**Day 04: Sightseeing tour of the Potala Palace**, Jokhang Temple and Barkhor Bazaar, Overnight stay at Hotel.

**Day 05: Lhasa to Darchen(4600 mts.)**, Fly to Ali, Drive to Darchen, Overnight stay at Hotel.

**Day 06: Darchen to Diraphuk (4890mts. - 12kms.)** - This is the first day of Kailash Parikrama. We should start our journey after breakfast as early as possible. This day we have to walk continuously for about 6 to 7 hours. Yak will carry all our goods and equipment. Overnight stay at mud House.

**Day 07: Diraphuk to Zhulthulphuk (4790mts. - 22kms.)** - This day is very sensitive and we have to pass Dolma-La Pass, which is 5400 mt. above sea level. The weather is unpredictable in Doma-la Pass and at any time snowstorm can fall. So we try to start our journey as early as possible. In route we can have Darshan of Gaurikund but it is very difficult to go and touch. Overnight stay in route to Zhulthulphuk at mud House.

**Day 08: Zhulthulphuk to Mansarovar-** We will Trek down to Darchen & drive to Mnsarovar, Overnight stay at the guest house.

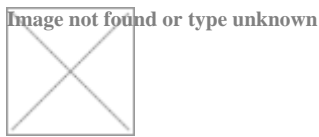
**Day 09: Mansarovar to Ali** - Drive back to Ali, O/N stay at the hotel.

**Day 10: Kathmandu** – Fly from Ai to Lhasa & Lhasa to Kathandu, O/N stay at the hotel.

**Day 11: Morning check out hotel, transfer to airport, catch flight for next Destination.**

Option for early departure or you use your extra day for Himalayan mountain flight, Manakamana road trip, or Muktinath tour (Contact Samrat Tours & Travels for more information about option day trip at additional cost).

## **Extended Muktinath Tour after Kailash Yatra-04 Days:**



**Day 01:** Drive to Pokhara via Manokamana Devi temple by Cable car, Arrival in Pokhara O/N at the hotel.

**Day 02:** Fly to Jomsom breakfast and drive to Muktinath by sharing jeep (21 kms / 02 hrs drive) Pooja & Darshan of Muktinath & drive To Jomsom, transfer to the hotel. O/N at the hotel.

**Day 03:** Early morning fly back to Pokhara and breakfast, then visit for local sightseeing of Pokhara city. Drive to Kathmandu.

**Day 04:** Visit for Pashupatinath and Boudhanath Stupa and transfer to Airport for departure.

## **Tour Cost:**

» **INR:** 25000.00 per person

» **US\$:** 695.00 per person for foreigner or NRIs.

## **COST INCLUDES:**

- Transportation from Kathmandu airport to airport by Private AC Vehicle
- 01 Night accommodation in Pokhara on AP basis / 01 Night in Kathmandu on AP basis and 01 Night in Muktinath on AP basis
- ACAP Permit fees
- Pokhara / Jomsom / Pokhara flight fare
- Jomsom / Muktinath / Jomsom by sharing jeep

- Manakamana cable car ticket.

## **Extended Muktinath & Wildlife Tour after Kailash Yatra-06 days:**

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**Day 01:** Drive to Pokhara via Manokamana Devi temple by Cable car, Arrival in Pokhara O/N at the hotel.

**Day 02:** Fly to Jomsom breakfast and drive to Muktinath by jeep (21 kms / 02 hrs drive) Pooja & Darshan of Muktinath & drive To Jomsom, transfer to the hotel. O/N at the hotel.

**Day 03:** Early Morning fly back to Pokhara and after breakfast then visit for local sightseeing of Pokhara city. Drive to Chitwan National Park. Arrive to the hotel welcome drink, Dinner.

**Day 04:**

Wake up call, Visit for Jungle activities likes Elephant Safari, Bird Watching, canoeing, visit elephant breeding centre etc. Overnight stay at Chitwan.

**Day 05:** Morning free for packing, Breakfast, drive to Kathmandu , on the way Visit Devghat for spiritual activities, over night hotel

**Day 06:** Morning visit for Pashupatinath and Boudhanath stupa then drive to Airport for your onward

### **Tour Cost :**

» **INR:** 31600.00 per person

» **US\$:** 825.00 per person for foreigner or NRIs.

### **COST INCLUDES:**

- Transportation from Kathmandu airport to airport by Private AC Vehicle
- 01 Night accommodation in Pokhara on AP basis / 01 Night in Kathmandu on AP basis 02 Nights in Chitwan on Ap meal plan with jungle activities and 01 Night in Muktinath on AP basis
- ACAP Permit fees
- Pokhara / Jomsom / Pokhara flight fare
- Jomsom / Muktinath / Jomsom by sharing jeep
- Manakamana cable car ticket.

### **COST EXCLUDES:**

- Monuments entrance fees, boating, personal nature expenses, jeep safari and items not mentioned in includes section.

## **MODEL OF PAYMENTS**

- 20 days prior to tour departure date, 100% of the total cost should reach Samrat Tours & Travels Pvt. Ltd account by telex transfer with the copy of passport of client.

## **TOUR CANCELLATION POLICY**

- All notice of cancellation must be sent to our office in written. Verbal cancellations will not be entertained.
- 20 days before trip departure 10% of total trip cost.
- 15 days before trip departure 50% of total trip cost.
- 10 days before trip departure 90% of total trip cost.
- 07 days and less departure 100% of total trip cost.

## **IMPORTANT PRE-DEPARTURE INFORMATION:**

### **Clothing:**

Casual wears and comfortable walking shoes are recommended to travel to Tibet. Be sure to bring warm clothing as nights and early mornings can be quite chilly to downright cold. Indian woman Pilgrims strictly advisable no Sari. Bring all the film, medicine, cosmetics, personal toilet items etc. that you will need from home as these are difficult if not impossible to obtain on the way. A small first aid kit is also a good idea. Also quite useful to have a route map, to know where you are going and have been each day.

### **What to take:**

Winter wear: Gore-Tex material though expensive is highly recommended. Down jacket, raincoat or windbreakers, thermal under wears, Jackets, warm trousers & woolen shirts (cotton will also do), warm sweaters, woolen gloves, sun hat, sun glass, comfortable shoes, light leather boots in case of snow, woolen balaclava ('monkey cap') & scarf/dust mask to protect your eyes & nose from dust.

### **Bring with you:**

Snacks along the way. Chocolates, dry fruit, toffees, glucose; 'namkeen' etc. Strong water bottle & water purifying tablets. Personal medical kit and Diamox tablet (for high altitude). Sun glasses (to protect your eyes from UV, which is especially strong in high altitudes). Sun block or sun screen lotion, wet tissues (Fresh-ones are excellent to wipe off the dust), clothes-line/clips, needle & thread, deo-spray (handy for smelly boots/feet and for a round of spray in the toilet tent!), toilet paper, torch & spare batteries, daypack (small shoulder bag), Camera & films, Binocular.

### **Health:**

This is one of the toughest high altitude road journeys on earth. You Must be physically fit - no two ways about that. Generally patients with asthma & heart problems have a problem acclimatizing to high altitudes. In your interests it is essential you should be examined by your doctor to know about your health condition and your ability to cope up with the rigors of high altitude travel for days in 'no road' conditions, extreme cold, dust, trekking to an altitude of 19500ft during the Parikrama, etc.

### **Altitude Sickness:**

As you are traveling over high terrain, you are likely to experience symptoms and discomfort of altitude sickness (headache, loss of appetite, nausea, exhaustion, sleeplessness, breathlessness etc.) until your body adjusts to the elevation. This can take a couple of days or more depending on an individual. For this reason alone, we have made it mandatory to stay 2 nights at Nylam (12000ft) before moving on to the higher altitudes.

Drink plenty of water, be calm, and do not exercise. Do not drink alcohol or smoke prior to and during the tour. We also recommend you carry a strip of diamox tablets. Do consult your physician on the dosage. We provide Gamow bag (a special equipment to prevent sickness from high altitude) on this tour.

**Currency:**

The unit of Chinese currency is Yuan. USD 1 = 6.50 Yuan. 1 Yuan = INR 11.00 approx, Money can exchange at Bank or money changer.

**Risks & Liability:**

Samrat Tours & Travels Pvt. Ltd and its associates will put every effort to make your journey smooth and pleasant. However, all the tours in Tibet are conduct strictly under the rules & regulation of Tibet Tourism Bureau (TTB). Therefore, Samrat Tours & Travels Pvt. Ltd and its counterpart shall not be responsible for any change and alteration in the program due to unavoidable circumstances such as landslide, road blockage, flood, snow, political unrest, cancellation of flight, delay arrival, delay issue of permit and visa, sickness or accidents. Any extra cost incurred thereof shall be borne by the clients on the spot.

**Cost Per person:**

<b>Group Size</b>	<b>Deluxe Package on Full board</b>	<b>Transport</b>
05-09	335000.00	By Bus
10-16	321000.00	By Bus
17 & Above	396000.00	By Bus

**Note:**

- Deluxe package based on 3\* hotel in Kathmandu, 3\* hotel in Lhasa –Xigatse and basic guest houses in Kailash Area.
- US\$ 250.00 per person extra for Nris at above rate.
- Single supplement US \$ 450.00 extra applicable only in Kathmandu & Lhasa.

**COST INCLUDES:**

- Arrival & departure transportation
- KTM/LXA/KTM Air Fare With Airport tax
- LXA/ALI/LXA Flight fare
- Sightseeing tour of Pashupatinath, Boudhanath and Budhanilkantha.
- 3 nights hotel at Kathmandu on twin sharing basis with all meals
- Tibet side: accommodation in decent hotel/tents /Mud House.

- Pure vegetarian meals (B/F+ Lunch + Dinner) providing by our counterpart at Local Restaurant in Lhasa & Xigatse and rest part preparing by our escort.
- Japanese land cruisers (4WD) & support trucks
- English speaking Tibetan guide
- Nepalese Sherpa/Cook on 06:01 basis.
- Oxygen, basic first-aid kit.
- Kailash permit & normal Tibet/China visa fee.

## **COST EXCLUDES:**

- Airfares from Home - Kathmandu - Home
- All beverages, Photography charges and Telephone calls
- Travel Insurance of clients
- Emergency evacuation expenses.
- Riding Yak/Horse for Kailash Parikrama (direct payable to Yak/horse herder)
- Expenses of personal urgent visa fee etc & Services other than specified

## **Trip Fact**

- **Trip code**EHCS-42315
- **Destination**Nepal
- **Duration**11 days / 10 nights
- **Season**May - September
- **Group Size**Min. 5pax +25pax Above
- **activities**Kathmandu-Lhasa-Ali-Kailash Tour