



## Kailash Inner Kora by Helicopter - 12 days

Go on 12 days trip for

**\$3630.00 per person**

**Mt. Kailash (6714m)**, Asia's most sacred mountain, is located in a high and isolated enclave of West Tibet . It is one of three pilgrimages sites in the area, known collectively as Kangri Tsosum. All are said to be at the heart of the ancient Shangshung kingdom, the supposed land of origin of the pre-Buddist Bonpos. Mt Kailash is their sould-mountain, which they also call Yungdrung Gu Tse, the Nine-story Swastika Mountain .

It is a 53-km pilgrim path around Mt. Kailash . It begins and ends at Darchen, a small settlement at the mountain south base and in the process visits four monasteries crosses the high Drolma La Pass (5636m). Three days is perhaps the minimum time required to walk leisurely around the mountain: spend two nights in or near Dira Phuk and Zutrul Phuk Monasteries. If conditions permit, try to stay four or five days, which would allow time for short trips to the inner regions of the area.

### Day by Day Itinerary:

DAYS	ITINERARY	HOTELS	REMARKS
01:	Arrive to Nepalgunj, overnight at Hotel.	Hotel	
02:	Morning fly to Simikot (3000m) by fixed wing, Fly to Hilsa (3700 m.) by Helicopter then cross the boarder drive to purang (3800 m.) overnight at Hotel.	Purang Hotel	Flight 45min By Heli 30min and Drive 1hr
03:	Purang full day acclimatization.	Purang Hotel	Acclimatization

04:	Drive to Mansarovar Lake (4500m) & Holy Bath, Puja etc.	Mansarovar Guesthouse	Drive 3hrs
05:	Drive to Darchen Yamadowar and walk to Diraphuk (4760m).	Diraphuk Guesthouse	Drive 2hrs and walk 7-8hrs
06:	Walk over Dolma La Pass (5650m) to Zuthulphuk.	Zuthulphuk Guesthouse	Trek 10-12hrs
07:	<b>Trek to Astapad</b> , trek to bottom Kailash, O/N stay at the camp.		
08:	<b>Trek to sapta Rishi cave</b> , Nandi Parikrama, O/N stay at the camp.		
09:	Continue trek to Darchen, O/N stay at the guest house.		
10:	Walk to Mani walls and Drive to Hilsa via Purang.	Basic Guesthouse	Trek 3-4hrs and Drive 3hrs
11:	Fly to Simikot - Nepalgunj - Kathmandu	Hotel	Flight to KTM
12:	Transfer to Airport for onward journey.	Home	

## **IMPORTANT PRE-DEPARTURE INFORMATION:**

### **Clothing:**

Casual wears and comfortable walking shoes are recommended to travel to Tibet. Be sure to bring warm clothing as nights and early mornings can be quite chilly to downright cold. Indian woman Pilgrims strictly advisable no Sari. Bring all the film, medicine, cosmetics, personal toilet items etc. that you will need from home as these are difficult if not impossible to obtain on the way. A small first aid kit is also a good idea. Also quite useful to have a route map, to know where you are going and have been each day.

### **What to take:**

Winter wear: Gore-Tex material though expensive is highly recommended. Down jacket, raincoat or

windbreakers, thermal under wears, Jackets, warm trousers & woolen shirts (cotton will also do), warm sweaters, woolen gloves, sun hat, sun glass, comfortable shoes, light leather boots in case of snow, woolen balaclava ('monkey cap') & scarf/dust mask to protect your eyes & nose from dust.

**Bring with you:**

Snacks along the way. Chocolates, dry fruit, toffees, glucose; 'namkeen' etc. Strong water bottle & water purifying tablets. Personal medical kit and Diamox tablet (for high altitude). Sun glasses (to protect your eyes from UV, which is especially strong in high altitudes). Sun block or sun screen lotion, wet tissues (Fresh-ones are excellent to wipe off the dust), clothes-line/clips, needle & thread, deo-spray (handy for smelly boots/feet and for a round of spray in the toilet tent!), toilet paper, torch & spare batteries, daypack (small shoulder bag), Camera & films, Binocular.

**Health:**

This is one of the toughest high altitude road journeys on earth. You Must be physically fit - no two ways about that. Generally patients with asthma & heart problems have a problem acclimatizing to high altitudes. In your interests it is essential you should be examined by your doctor to know about your health condition and your ability to cope up with the rigors of high altitude travel for days in 'no road' conditions, extreme cold, dust, trekking to an altitude of 19500ft during the Parikrama, etc.

**Altitude Sickness:**

As you are traveling over high terrain, you are likely to experience symptoms and discomfort of altitude sickness (headache, loss of appetite, nausea, exhaustion, sleeplessness, breathlessness etc.) until your body adjusts to the elevation. This can take a couple of days or more depending on an individual. For this reason alone, we have made it mandatory to stay 2 nights at Nylam (12000ft) before moving on to the higher altitudes. Drink plenty of water, be calm, and do not exercise. Do not drink alcohol or smoke prior to and during the tour. We also recommend you carry a strip of diamox tablets. Do consult your physician on the dosage. We provide Gamow bag (a special equipment to prevent sickness from high altitude) on this tour.

**Currency:**

The unit of Chinese currency is Yuan. USD 1 = 6.50 Yuan. 1 Yuan = INR 11.00 approx, Money can exchange at Bank or money changer.

**Risks & Liability:**

Samrat Tours & Travels Pvt. Ltd and its associates will put every effort to make your journey smooth and pleasant. However, all the tours in Tibet are conducted strictly under the rules & regulation of Tibet Tourism Bureau (TTB). Therefore, Samrat Tours & Travels Pvt. Ltd, Samrat Holidays, Salem, India and its counterparts shall not be responsible for any change and alteration in the program due to unavoidable circumstances such as landslide, road blockage, flood, snow, political unrest, cancellation of flight, delay arrival, delay issue of permit and visa, sickness or accidents. Any extra cost incurred thereof shall be borne by the clients on the spot.

**Inner Tour Package**

**Cost on Per Person Basis**

**12 Days Inner Kora Package** **INR 225000.00 for Indian passport holder**  
**USD 3630.00 for NRI/Foreign passport holder**

**Extra cost:**

Upgrade 5 star hotel on twin sharing basis. **INR 5500.00 Per person**

Extra days in Kathmandu on 3 star hotel (If 5 star Hotel, Cost will be extra.) **INR 2500.00 Per person**

Tirthapuri visit **INR 7500.00 Per person**

Ashtapada visit **INR 2500 .00 Per person**

**SERVICE INCLUDES:**

- Arrival/departure transfers from airport to hotel in Kathmandu and Nepalgunj.
- 2 Nights decent hotel accommodation in Kathmandu and 1 night in Nepalgunj with all veg. meal.
- Half day sightseeing tour of Kathmandu.
- Kathmandu/Nepalgunj/Simikot both way air fare.
- Helicopter from Simikot/Hilsa both way.
- Accommodation at hotel/guest house during Kailash Yatra full board Veg. meal.
- A/C coach/ 4W Japanese land cruiser, supporting truck for luggage.
- Nepali Team leader and supporting team.
- English speaking Tibetan guide.
- Chinese visa.
- Permit fee of Nepali staff & Client.
- Humla Restriction fee.
- Sleeping mat, Jacket and Sleeping Bag while on Kailash Tour.
- Free Duffel Bag.
- Yak for Kailash Parikrama for equipments and kitchen utensils only.
- Gamow bag, oxygen cylinder.

**SERVICE EXCLUDES:**

- Cost for extra night accommodation.
- Food & transport in case of any delay due to weather or unforeseen reason.
- Evacuation cost.
- Travel insurance & Expenses of personal nature etc.

## ESTIMATE FOR ADDITIONAL ACTIVITIES

- Horse for personal ride on kora days is approx USD 450.00
- Extra ride for day trip to Astapad USD 55.00 per person
- Extra day in Kathmandu USD 45.00 for with 2 meals and accommodations.
- USD 55.00 for Manakamana day trip including both way cable car tickets and transportation.
- Muktinath and Manakamana day trip USD 555.00 per person including two nights in Pokhara, one night Jomsom round trip flight with meal, transport.

## MODEL OF PAYMENTS

- 20 days prior to tour departure date, 100% of the total cost should reach Samrat Tours & Travels Pvt. Ltd account by telex transfer with the copy of passport of client.

## TOUR CANCELLATION POLICY

- All notice of cancellation must be sent to our office in written. Verbal cancellations will not be entertained.
- 20 days before trip departure 10% of total trip cost.
- 15 days before trip departure 50% of total trip cost.
- 10 days before trip departure 90% of total trip cost.
- 07 days and less departure 100% of total trip cost.

## Trip Fact

- **Trip code**EHCS-35333
- **Destination**Nepal
- **Duration**12 days / 11 nights
- **Season**May - September
- **Group Size**Min. 5pax - 25pax + Above
- **activities**Kailash Inner Kora