



## Ghorepani Poonhill Trek - 16 days

Go on 16 days trip for

\$ per person

Subtropical to alpine vegetation and climates is found changing with the elevation. Trekking in the region allows to explore through rhododendron forests over the foothills of the Annapurna and Dhaulagiri and through the deepest gorge in the world, the Kali Gandaki Gorge.

Climate in this region does not remain constant as the cold winds from the Tibetan plateau rush through the south. Thung La Pass, Jomsom, Muktinath, Ghorepani, Annapurna Base camp, and Ghandrung are some of the famous trekking destinations of this region which lies in the western part of Nepal. This region is popular in the world. We see the lot's mountain views: Annapurna South (7219M), Annapurna I (8091M), Annapurna II (7937M), Annapurna III, Annapurna IV, Machhapuchhre (6993M), Nilgiri, Dhaulagiri (8167M), Hiunchuli (6441M), Lamjung Himal (6931M) and other many more peaks and mountains views.

This trek known also as the small Annapurna Circuit is a very popular one in Nepal. The highest point of this trek (3200 mtrs) and for many the highlight is an early morning pilgrimage to Poon Hill for a spectacular sunrise over the Himalayas where the mountains stretch as far as the eye can see North towards Tibet West towards the Dhaulagiri Himal and East with superb views of the Annapurna Himal. Not a difficult trek but it helps if you have a reasonable degree of fitness. This trek is considered to be the best introduction to trekking with some spectacular views.

## Day to Day Itinerary:

- Day 01:** Drive Kathmandu to Pokhara (6 hours), overnight hotel.
- Day 02:** Drive to Nayapul, trek to Ulleri (1960 m.), Overnight stay at tea house.
- Day 03:** Trek Ulleri to Ghorepani (2750 m.), Overnight stay at tea house.
- Day 04:** Trek Ghorepani to Tadapani (2590 m.), Overnight stay at tea house.
- Day 05:** Trek Tadapani to Ghandrung (1940 m.), Overnight stay at tea house.
- Day 06:** Trek Ghandrung to Pothana (1900 m.), Overnight stay at tea house.
- Day 07:** Trek Pothana to Phedi drive back to Pokhara, overnight hotel.
- Day 08:** Drive to Kathmandu.

### What is Trekking?

A walk of few or many days up and down trail villages, hills & forests is called trekking. A walk through the hills of Nepal will not only give you a view of the mountains, but also take you through remote villages inhabited by hospitable people who will always welcome you smiling. We invite you to join us on visit to this remote

region to see the truth of your dream.

### **Trekking Styles:**

There are very various ways of trekking on foot through Himalayan range of Nepal. When you are planning a trek you need to think carefully about different styles of trekking available. Remember that when hiking in any major range of the mountains, it makes sense to go with a list on your chosen companion, as a slip and a sprained ankle can acquire at any time. It is also prudent to register with your embassy before setting off, and to sign in at any police checkpoint along the way.

### **Typical Trekking Days:**

Most of days begin with stunning Himalayas sunrise when the crew bring around a piping hot cup of tea and a warm bowl of washing water. After hearty breakfast cooked we generally walk for 3 to 4 hours. You are encouraged to walk at your own pace, stopping frequently for photographs or to explore local villages. There is a lot of leisureed time, you are allowed to rinse out clothes, read novel books or explore small mounds. .

The journey on the Himalayas varies in length to reach our campsite or lodge by the afternoon. The rest of the day is free to explore, read or write up diaries while dinner is being prepared by the trekking staff. The evening is spent in the mess tent or lodge following a three course meal. On our higher altitude treks, rest and exploration days are built in to ensure proper acclimatization. So Samrat Tours & Travels P. Ltd classified his trekking into three types.

### **Private Groups:**

Every year, Samrat Tours & Travels operates a range of private groups. They may be a small or a big group, wishing to go trekking with their friends around Annapurna, Dhaulagiri, Langtang, or they follow the itinerary which has included many destinations of Nepal. This is besides included the Everest region & various regions. Samrat treks has the expertise to provide you a high quality service at very competitive prices.

### **School & Collage:**

Samrat Groups , which specializes in trekking, handles School & collage groups to the Himalayan at the affordable prices. The itineraries of this company are designed to provide a real insight in the cultural, religious and environmental aspects of the Himalayan but just as importantly, they are fun, exposed to a Samrat adventure. Students will quickly discover the rich rewards of exploring the globe. Please contact more information. Family Holidays:

We have introduced two programmes for the different Himalayas (Annapurna, Langtang & Mt. Everest regions) as the camping trek and tea house trek. The company operates specially family as well as student groups . The mentioned regions are suitable to the families for going trek, no trouble on the route.. Departure dates are fixed. of both groups. The company allows families with younger children to travel together..

### **General Information:**

Trekking in the Himalayan. The best way to experience Nepal's unbeatable combination of natural beauty and cultural riches is to walk through them. The immense contrasts in altitudes and climates found here support an equally spectacular of lifestyles, vegetation and wildlife. Trekking in the mountains of Nepal is more a cultural experience than a wilderness expedition. You will be passing through picturesque villages inhabited by diverse ethnic groups. You will see Cheetri farmers working in their fields and Tamang herders grazing their animals on the steep slopes. And you will meet Gurkha soldiers on the way ,come across Sherpa yak drivers transporting goods over the high mountain passes. And always in the background, the icy pinnacles of the Himalayan loom over the scenery.

## What is included in the price?

- Hotel / Airport pick up & drop by private car / van / bus
- Accommodation as required by you or as specified in the appropriate itinerary
- Guided city tours if applicable by private car / van / bus
- All your standard Meals during the trek (Breakfasts, Lunches, Dinners)
- Local licensed English speaking Guide
- The required number of local staff and porters to carry your luggage during the trek
- Food, accommodation, salary, insurance, equipment and medicine for all staff
- Airfares including taxes as appropriate for internal flight transfer as part of trekking itinerary
- Land transfers as appropriate for trekking itinerary
- All our government taxes
- Official expense

## What is not included in the price?

- Certain lunches and dinners as explained in the trekking itinerary
- Your travel insurance (compulsory)
- International airfare and airport departure tax
- Appropriate visa fees
- Alcoholic, cold and hot drinks, laundry
- Personal trekking equipment
- Tips for trekking staff and driver. (Tipping is expected)
- Certain sightseeing/monument entrance fees
- Any others expenses which are not mentioned on Price Includes section

## Trip Fact

- **Trip code**EHCS-618
- **Destination**Nepal
- **Duration**16 days / 15 nights
- **Season**February to October
- **Group Size**Min. 2pax - 12pax + Above
- **activities**Hiking and Trekking